The 8th grade boys’ basketball team traveled to St Elizabeth Ann Seton in Hastings to play in their final tournament of the regular season. If you recall, the Tigers took third place in this tournament the previous year as 7th graders so the expectations were high this year. This was the 58th year that this tournament has been running - the longest in CAA history. Also like last year, Coach Brian Conners was off jet setting on a nice warm beach on the shores of Mexico so Coach Scott Johnson was promoted to head coach.

Spoiler alert on this week’s write up – pay attention to the references to the greatest heavy metal band of all time (and no it is not Jethro Tull).

Friday night, Blessed Trinity pulled the Shortest Straw to match up against the Tigers. This would be the third time the two teams faced each other this season with the Tigers winning by twenty or more points in each of the previous games. Instead of going Stone Cold Crazy on them, Coach Johnson decided to go with a balanced player approach. The Tigers were in complete charge of the game from start to finish. As the lights Fade to Black and the final buzzer sounded at the end of the game, the Tigers started the tournament off with a victory and moved into the championship side of the bracket.

On Saturday afternoon, the Tigers squared off against one of the two Hastings traveling basketball teams that were also in the tournament. This was a game that the Tigers had been looking forward to all season so they could see how they would stack up against a traveling team. Hit the Lights, toss the ball into the air and start the clock, the knockdown, drag ‘em out basketball game started. Both teams were battling it out into the first half with the refs letting each team play a little more physical than they were used to. The first half was a game of back and forth runs until Hastings slowly started to pull away with the Tigers not having the Fuel to slow down their point guard. The boys came into halftime a little frustrated and in the unusual position of being down by six points. Assistant Coach Jim Yanz, aka the Master of Puppets (and who also played in this very same tournament when he was in 8th grade), calmed the boys down and told them to R-E-L-A-X and re-focus on their play and not what the refs were or, more appropriately, were not calling. Coach Johnson rallied the boys together just before the start of the 2nd half “It’s time for us to Ride the Lightning and fly all around this court creating so much havoc that they will want to just give up.” The 2nd half started and the Tigers were on a Seek and Destroy mission from the moment the ball was put into play. The defense was so smothering that all of the oxygen was removed from the gym making it hard for Hastings to catch their breath. When the final buzzer sounded, the Tigers had managed to go on a 34-2 second half run and come away with a twenty point victory. While it may be Sad but True that most traveling teams are more talented than many teams in the CAA, this was a sweet victory for the Tigers And Justice for All CAA teams who are good enough to compete at a high level. The Tigers now moved into the championship game against the other Hastings traveling team.

(continued on page 2)
Tigers Boys Basketball News

8th Grade
Prior to the start of the game, Coach Johnson pulled the team together and read off inspirational message that Coach Conners texted from his cabana in Mexico. “Boys, it would be The Unforgiven mistake for you to take this game for granted. Wherever I May Roam down here south of the border does not compare to what is in front of you. Nothing Else Matters except that you go out there and play this game as One and come away with the championship trophy.” That was all the Tigers needed. From the start to the finish of the game, the boys took it to the Hastings team and never even let them get a glimmer of hope that they had a chance against the vaunted Tigers basketball team. In the end, the Tigers came away with another twenty point victory and were crowned the champions of the 58th Annual SEAS tournament. There was no single Hero of the Day in this tournament for the boys as all of them played great basketball with Nino J, Sam Y and Jack S being named to the all-tournament team.

This tournament wrapped up a very successful regular season. After losing their very first game of the season by two points, the Tigers never lost another game to finish with a 20-1 record and won all four tournaments that they played in. They look forward to bringing home another championship trophy as they prepare for the CAA playoffs.

7th Grade
Late Friday night the playoff pairings should be posted on the CAA website. Then everyone will know when we play, where we play and who we play. Coaches will get the word out as soon as possible.

(Continued on Page 3)
**Tigers Boys Basketball News**

6th Grade

The Tigers traveled to a raucous Immaculate Conception arena to take on Community of Peace. The Tigers started a little slow but once they found their sea legs, they never looked back and came away with a 53-9 victory with nine of the ten players getting into the scoring column.

The following day on Monday, the Tigers traveled to New Life Academy to take on the Screamin’ Eagles. Feeling a little too overconfident in the previous days victory, the Tigers looked slow and sluggish in the first half and the Eagles were more aggressive in their play. The Tigers ground it out to go into halftime up 20-14. With only a few select words said by the coaches at halftime, the boys came out on fire and outscored the Eagles 26-5 to come away with a 46-19 victory.

This was their last regular season game for the CAA and they ended with a 5-4 record.

5th Grade

On Monday night the boys took on a tall and polished St. Ambrose team at home. The result was a 20 point loss for the Tigers. Then on Thursday night the last regular season game was played (make-up) against St. Patrick of Hudson. Down two players because of sickness the bench was short and the boys played hard but came out on the shrt end of the score too.

**Tigers Girls Basketball News**

6th Grade

The Lady Tigers, took their talents to St Joseph Jet Stadium in West St Paul with a will to win but a roster that was beat up. Down 3 Lady Tigers to sickness, the Iron 9 took an Iron 6 form to face the loaded St Joseph Jets squad (I know its Jaguars now but will always be Jets to me). The Lady Tigers responded with a dominating defensive game with called out switches and tenacity that seemed to be their calling card in the 2nd half of the season. After a back and forth battle, the Tigers would hang on for a 26-21 win in front of a sold out crowd that included Pro Bowler Matt Birk. “We don’t tend to get intimidated when on the road” said Kendall Buffalo “ and we weren’t going to let the A-List attendees add any pressure”. The Lady Tigers were led by all 6 players, who scored and contributed many minutes and bruises. Cali Quinlan and Jordyn Preiner both had to be removed for injuries so the Lady Tigers had to play tough defense without fouling. In the end, the Tigers took the win and will focus on a showdown with # 2 Holy Spirit on Thursday at St Ambrose to kick off the CAA playoffs. “Playoff time, no time for injuries or excuses” said Sami McMenomy with her post game Mike N Ike’s in hand.

5th Grade

The Lady Tigers played on Monday against a difficult St. Patrick’s team. The first loss to the girls came the week before. Which was the first CAA loss for our team. The repeat game started about the same as the previous week. At half time the score was 10-1. The second half saw a renewed fire in the girls. A better second half and a closer score than last week. Now they prepare for the playoffs. 02/19 is that game at St. Ambrose gym at 4pm against St. Joseph of WSP.
Tigers Hockey

On Wednesday the Tigers were to take on the STA White team, however, the warmer than usual temps melted the ice and made the rink too sloppy to skate on.

The next game is on Monday when the team plays on President’s day—02/19 against St. Odilia at the Augsburg rink at 11:45am. The last regular season tilt will be on 02/21 at the North Dale rink against St. Rose.

Swim Team

The Swiminators put in a great showing at the All Saints Invitational in Lakeville on Saturday, February 10th. This was a very large meet with 375 registered swimmers and a large contingent from our team with 32 Girls and 24 Boys attending. Our Swiminators had an amazing 95 Personal Best times in their Individual Events.

Both our Girls and Boys had a fantastic showing with 2nd place finishes in a crowded field of thirteen teams from St. Odilia, Metro School of the Deaf, Mounds Park Academy, Faithful Shepherd, Holy Spirit, All Saints, Frassati Academy, Swiminators, St. Thomas More, Northern Heights Academy, St. John’s Of Little Canada, Mother Mary of St. Andrew, Visitation.

Our Girls finished in 2nd place behind the large team from All Saints, but edged out the perennial powerhouse St. Odilia team by just 7 points, 455 to 448. Every Girl had a role in this 2nd place finish by swimming hard to place high enough in their events and relays to be in the points. Over the course of the Meet, 7 points is just a difference of a few place finishes in a couple of events.

The boys finished in 2nd place, just 27 points out 1st place behind a strong team from All Saints, 610 to 637 points and well ahead of the 3rd place team that had 442 points. We hope to have all of our swimmers healthy and available to attend the next meet to pull in more points!

Transfiguration fielded 12 swimmers at the meet with special congratulations to our swimmers who were competing in their very first meet: Joyce Margot (K), Leighla M (1), Connor B (4), Kayleigh S (4), Alicia M (5) and Brennan B (6). Each of these swimmers had Personal Bests from our team Time Trial night that we held just four weeks earlier, so they have been working hard at practice!

Mariano M (4) pulled in team points in the Back and Breast, Alicia M helped her 400 Free Relay team finish in 7th place to pull in an important 24 points, Jack K (5) and Chris W (6) pulled in points with 1st and 2nd place relays together and three individual events each, Valery H (7) had points in all of her events and relays including a 1st place 50 Fly, and Sean V (7) pulled in points with 2nd and 4th place relays and all three of his individual events as well.

Please congratulate all of these Swiminators!!

Our next meet is on Saturday, Feb 24th, hosted by Visitation at St. Thomas Academy.
**Athletic Director**

Watch for volunteering opportunities. There are many open slots to help out during games and playoffs. Go in early to make the picks that best fit your schedule.

During the playoffs we need people at the doors for Admissions as well as scoreboard/scorebook help. Plus the Booster Club normally opens the Concession stand and they will need help also. The playoffs for girls basketball will begin on 02/15 and we are hosting games on 02/20, 21, and 22.

Here is the link for the basketball scorekeeping sign-up which is now available: [http://www.signupgenius.com/go/30e0c4ca8a72ba5fc1-basketball4](http://www.signupgenius.com/go/30e0c4ca8a72ba5fc1-basketball4).

Be aware that coaches, assistant coaches and volunteers need to be current with the VIRTUS training.

The Girls Basketball Finals are set for 02/25/18 at Hill Murray. The Boys Basketball Finals are set for 03/04/18 at St. Agnes.

Any questions can be directed to me. GO TIGERS!!!!!!!

**The registration for Spring sports is beginning.** The form is attached to this newsletter.

The interest level in Middle school related to fielding a Lacrosse team this spring is minimal. It does not appear that we will field a Lacrosse team this spring.

**Athletic Hall of Fame**

Watch for the announcement related to this year’s event. It will be on April 7, 2018 and be held in the Transfiguration gym. Part of the Black & Gold that evening is devoted to the inductees into the Hall of Fame. Mark your calendars and plan on being there. I hope to see you all that night.
Participant’s name: ________________________________________________________________

Birthdate: ___________________ Grade _____________ Sex: ______

Parent/Guardian’s name: _____________________________________________________________

Home address: ______________________________________________________________________

Home phone: __________________ Business phone: _________________ Email address: ________________________________

I, __________________________________________________ grant permission for

my child, ____________________________________________, to participate in this school activity.

As parent and/or legal guardian, I remain legally responsible for any personal actions taken by the above named minor (“participant”). I agree on behalf of myself, my child named herein, or our heirs, successors, and assigns, to hold harmless and defend Transfiguration Catholic School, its officers, directors and agents, and the Archdiocese of Saint Paul & Minneapolis, coaches, chaperones, or representatives associated with the event, arising from or in connection with my child attending the event or in connection with any illness or injury or cost of medical treatment in connection therewith, and I agree to compensate Transfiguration Catholic School, the parish, its officers, directors and agents, and the Archdiocese of Saint Paul & Minneapolis, coaches, chaperones, or representatives associated with the activity for reasonable attorney’s fees and expenses arising in connection therewith.

Signature: __________________________________________________ Date: ___________________

MEDICAL MATTERS: I hereby warrant that to the best of my knowledge, my child is in good health, and I assume all responsibility for the health of my child. (Of the following statements pertaining to medical matters, sign only those that are applicable.)

Emergency Medical Treatment: In the event of an emergency, I hereby give permission to transport my child to a hospital for emergency medical or surgical treatment. I wish to be advised prior to any further treatment by the hospital or doctor. In the event of an emergency, if you are unable to reach me at the above numbers, contact:

Name & relationship: ___________________________ Phone: ___________________________

Family doctor: ___________________________ Phone ___________________________

Family Health Plan Carrier: ___________________________ Policy# ___________________________

Emergency Contact #1 Name ___________________________ Phone _______________________

Emergency Contact #2 Name ___________________________ Phone _______________________

Emergency Contact #3 Name ___________________________ Phone _______________________

Signature: ___________________________________________ Date: _______________________

Other Medical Treatment: In the event it comes to the attention of Transfiguration Catholic School, its officers, directors and agents, and the Archdiocese of Saint Paul & Minneapolis, coaches, chaperones, or representatives associated with the activity that my child becomes ill with symptoms such as headache, vomiting, sore throat, fever, diarrhea, I want to be called.

Signature: ___________________________________________ Date: ______________________
Medications: My child is taking medication at present. My child will bring all such medications necessary, and such medications will be well-labeled. Names of medications and concise directions for seeing that the child takes such medications, including dosage and frequency of dosage, are as follows:

Signature: ____________________________________________ Date: _____________________

No medication of any type, whether prescription or non-prescription, may be administered to my child unless the situation is life-threatening and emergency treatment is required.

Signature: ____________________________________________ Date: _____________________

I hereby grant permission for non-prescription medication (such as non-aspirin products, i.e. acetaminophen or ibuprofen, throat lozenges, cough syrup) to be given to my child, if deemed appropriate.

Signature: ____________________________________________ Date: _____________________

Specific Medical Information: The school will take reasonable care to see that the following information will be held in confidence.

Allergic reactions (medications, foods, plants, insects, etc.): ______________________________________
Immunizations: Date of last tetanus/diphtheria immunization: ______________________________________
Does child have a medically prescribed diet? _____________________________________________________
Any physical limitations? ________________________________________________________________
Has child recently been exposed to contagious disease or conditions, such as mumps, measles, chickenpox, etc.? If so, date and disease or condition: ____________________________________________________
You should be aware of these special medical conditions of my child: ________________________________________________________________

_____ I am interested in information about a coaching position with the Athletic Director

Please sign up for one activity per permission slip. Completed forms are to be submitted to the Athletic Director. Payment for all Transfiguration activities may be made by cash or check (made payable to Transfiguration Catholic School). Athletes are not eligible to play until the permission slip is completed and the athletic fee is paid. Teams may be co-ed and/or multiple grade levels to field a full team.

<table>
<thead>
<tr>
<th>Spring Sports</th>
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<tbody>
<tr>
<td>Boys Baseball (5th-8th) -- $65</td>
</tr>
<tr>
<td>Girls Softball (5th-8th) -- $65</td>
</tr>
<tr>
<td>Track and Field (4th-8th) -- $25</td>
</tr>
<tr>
<td>Lacrosse (6th-8th) -- $65</td>
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* In order to keep athletics fees low and provide sufficient equipment for our teams, families will be required to volunteer 4 hours a season or give $30 to Transfiguration Athletics to hire someone to work tournaments and games and/or fundraising events. These hours can count towards your school volunteer hours as well as athletics.