

Tigers Athletic News



Tigers Boys Basketball Scoreboard

Trans. 8th

ICS

Trans. 6th

Highland Cathoic

Tigers Boys Basketball Upcoming Games

TIGERS BOYS BASKETBALL NEWS

8th/7th Grade

The teams travels to ICS to take on the ICS team. And Dan "the man who does everything" Couillard will be there. He will sweep the floor, clean the bleachers, run the scoreboard, do the scorebook, and make announcements over the loud speakers. The game is on Friday, 03/01 at 4pm.

The Tigers are in the D bracket. We played this team earlier in the season. They have two good players, so if we concentrate on them the Tigers will have a chance to move on. The winner would move on to a game on 03/06 at St. Odilia against, St. Odilia.

6th Grade

The team opens the playoffs on 03/01 at 5:15pm at home against Highland Catholic. The winner of the game will move on to a game on 03/04 at St. Odilia at 5:30pm, against St. Odilia.

We are in need of many volunteers to help with the Playoff games we are hosting here. Go to SUG to see what is available.

Thanks to all of our Parents, Students and Other Friends during the entire season with volunteering. We couldn't do it without all of you. GO TIGERS!!!!

Tigers Athletic News



Tigers Girls Basketball Scoreboard

Trans. 7th	23
St. Agnes	14
Trans. 7th	26
Nativity White	27

TIGERS GIRLS BASKETBALL NEWS 7TH GRADE

THE PLAYOFFS BEGAN WITH A BIG WIN OVER ST. AGNES, 23—14. A TOTAL TEAM EFFORT. NOW THEY MOVE ON TO THE NEXT ROUND AGAINST NATIVITY.

THE NATIVITY TEAM HAD THE HOME COURT ADVANTAGE. EVEN SO OUR LADY TIGERS GAVE IT THEIR ALL. TOE TO TOE RIGHT DOWN TO THE END. WITH ONLY A FEW SECONDS LEFT IN THE GAME THERE WAS A FOUL CALLED AGAINST TRANSFIGURATION AND THE NATIVITY PLAYER HIT HER FREE THROWS TO PULL OUT A WIN FOR THE HOME TEAM, 27—26. A HEART BREAKER FOR OUR GIRLS.

THE COACH PLANS TO WRITE UP A SEASON RECAP, ONLY HIS NERVES ARE CALMER. HE WON'T HAVE TO WORRY ABOUT A PEDICURE FOR AWHILE.

Tigers Girls Basketball Upcoming Games

Go to [SUG](#) to see volunteering needs for the playoffs. Only a couple of days remaining to help us out.

Tigers Athletic News



Swim Team

Congratulations to our 62 Swimmers that made to the All Saints Invitational on Saturday, February 23rd. It was a long meet with the Boys starting at 12:50 pm and the Girls finishing about 7:00 pm, but our swimmers really showed how ready they were for our first full meet of the season. Our girls finished in 3rd place, our boys finished in 1st place and our team placed 1st overall out of 11 teams.

We also had a lot of Personal Bests again, led by Valery H (8) who set a Meet Record in the 50 Breaststroke. Additional PB's were recorded by Dylan H (1) in the 25 Back, Jack K (6) in the 50 Free, Alex M (2) in the 25 Back and Free, Alicia M (5) in the 50 Breaststroke, Mallory S (5) in the 50 Free, Sophia R (5) in the 50 Back, Kayleigh S (5) in the 50 Free and Sean V (8) in the 100 Back. Alicia M and Sean V also completed the 100 Individual Medley for the first time.

It's always great to see their hard work at practice pay off at the Meets.

Looking forward, we have meets the next two weekends:

March 3rd at St. Kate's University, hosted by St. Odilia

March 9th at St. Thomas Academy, hosted by Visitation

Practice schedule at the White Bear Lake YMCA:

Friday's: 6:15 - 7:45 pm

(no practice Jan 18, Feb 1, or March 15)

Sunday's: 10:45 am to 12:15 pm

(no practice on Jan 27th or March 3rd for the swim meet)

Saturday, March 23rd

CAA Prelims, Skyview Elementary, Oakdale

-All Day, 7 Sessions by Grade/Gender, you only attend the session for your swimmers)

Tigers Athletic News



Athletic Director

Be aware that coaches, assistant coaches and volunteers need to be current with the VIRTUS training.

Any student athlete that wants to play on more than one team in the same season can explore that option, just be aware of the chance of more time conflicts.

Anyone can join the Tiger Pride Booster Club at any time during the year. It is a fun group and the money they raise selling concessions helps with the school sports teams.

The playoffs for basketball are in full swing. Our school has been successful in hosting playoff games. SUG now shows some opportunities to volunteer.

On April 6 the Black & Gold celebration will take place in the school gym. It is a fun time for all. The HIGHLIGHT of the evening (in my opinion) is the new inductee into the Transfiguration Athletic Hal of Fame.

Watch for upcoming events.

4HG clinic put on by CSCOE on ????. This event is for students in 3rd through 8th grade.

Little Dribblers basketball skills development put on by the Booster Club.

Spring Sports sign up forms (now attached). Baseball, Softball, Track, and Lacrosse (if we get enough players).

Booster Club Golf outing in mid May.

Athletic Banquet in late May.

Announcement of Summer Camps.

Tigers Athletic News



Transfiguration Catholic School
6135 15th Street North • Oakdale MN 55128 • 651-501-2220

SPORTS REGISTRATION-Spring 2018-19 PARENTAL/GUARDIAN CONSENT FORM AND LIABILITY WAIVER

Participant's name: _____

Birthdate: _____ Grade _____ Sex: _____

Parent/Guardian's name: _____

Home address: _____

Home phone: _____ Business phone: _____ Email address: _____

I, _____ grant permission for
my child, _____, to participate in this school activity.

As parent and/or legal guardian, I remain legally responsible for any personal actions taken by the above named minor ("participant"). I agree on behalf of myself, my child named herein, or our heirs, successors, and assigns, to hold harmless and defend Transfiguration Catholic School, its officers, directors and agents, and the Archdiocese of Saint Paul & Minneapolis, coaches, chaperones, or representatives associated with the event, arising from or in connection with my child attending the event or in connection with any illness or injury or cost of medical treatment in connection therewith, and I agree to compensate Transfiguration Catholic School, the parish, its officers, directors and agents, and the Archdiocese of Saint Paul & Minneapolis, coaches, chaperones, or representatives associated with the activity for reasonable attorney's fees and expenses arising in connection therewith.

Signature: _____ Date: _____

MEDICAL MATTERS: I hereby warrant that to the best of my knowledge, my child is in good health, and I assume all responsibility for the health of my child. (Of the following statements pertaining to medical matters, sign only those that are applicable.)

Emergency Medical Treatment: In the event of an emergency, I hereby give permission to transport my child to a hospital for emergency medical or surgical treatment. I wish to be advised prior to any further treatment by the hospital or doctor. In the event of an emergency, if you are unable to reach me at the above numbers, contact:

Name & relationship: _____ Phone: _____

Family doctor: _____ Phone _____

Family Health Plan Carrier: _____ Policy# _____

Emergency Contact #1 Name _____ Phone _____

Emergency Contact #2 Name _____ Phone _____

Emergency Contact #3 Name _____ Phone _____

Signature: _____ Date: _____

Other Medical Treatment: In the event it comes to the attention of Transfiguration Catholic School, its officers, directors and agents, and the Archdiocese of Saint Paul & Minneapolis, coaches, chaperons, or representatives associated with the activity that my child becomes ill with symptoms such as headache, vomiting, sore throat, fever, diarrhea, I want to be called.

Signature: _____ Date: _____

Medications: My child is taking medication at present. My child will bring all such medications necessary, and such medications will be well-labeled. Names of medications and concise directions for seeing that the child takes such medications, including dosage and frequency of dosage, are as follows:

Signature: _____ Date: _____

No medication of any type, whether prescription or non-prescription, may be administered to my child unless the situation is life-threatening and emergency treatment is required.

Signature: _____ Date: _____

I hereby grant permission for **non-prescription medication** (such as non-aspirin products, i.e. acetaminophen or ibuprofen, throat lozenges, cough syrup) to be given to my child, if deemed appropriate.

Signature: _____ Date: _____

Specific Medical Information: The school will take reasonable care to see that the following information will be held in confidence.

Allergic reactions (medications, foods, plants, insects, etc.): _____

Immunizations: Date of last tetanus/diphtheria immunization: _____

Does child have a medically prescribed diet? _____

Any physical limitations? _____

Has child recently been exposed to contagious disease or conditions, such as mumps, measles, chickenpox, etc.?

If so, date and disease or condition: _____

You should be aware of these special medical conditions of my child: _____

_____ I am interested in information about a coaching position with the Athletic Director

- Please sign up for one activity per permission slip.
- Completed forms are to be submitted to the Athletic Director.
- Payment for all Transfiguration activities may be made by cash or check (made payable to Transfiguration Catholic School).
- Athletes are not eligible to play until the permission slip is completed and the athletic fee is paid.
- Teams may be co-ed and/or multiple grade levels to field a full team.

Spring Sports

Boys Baseball (5th-8th) -- \$65

Girls Softball (5th-8th) -- \$65

Track and Field (4th-8th) -- \$25

Lacrosse (6th-8th) -- \$65

* In order to keep athletics fees low and provide sufficient equipment for our teams, families will be required to volunteer 4 hours a season or give \$30 to Transfiguration Athletics to hire someone to work tournaments and games and/or fundraising events. These hours can count towards your school volunteer hours as well as athletics.

Tigers Athletic News



Saint Agnes will be offering a few spring basketball teams this year. Their name will be called the "Saints" and we are inviting all CAA teams to be part of this NEW program offering!

Important Info

There will be one 5th/6th grade girls team, one 5th/6th grade boys team and one 7th/8th grade boys team. The season will last 8 weeks and all teams will have two 2-hour practices each week as well as play in four local MYAS (Minnesota Youth Athletic Services) tournaments. The cost will be \$175 and includes a shooting shirt, coach fee, tournament registrations and insurance. The practice schedule will allow students to also play in their respective school's spring sport teams.

Goals and AAU

The goal of a spring basketball team is to continue to build upon the skills learned during the winter season with fundamentals being the focus. We feel this is an affordable way to have a quality AAU experience without the extreme costs that many AAU programs charge. With the program being run out of Saint Agnes, we are able to keep costs down.

Why We Play

As Colossians 3:17 states "and whatever you do, whether in word or deed, do it in the name of the Lord Jesus, giving thanks to God the Father through Him". It is important to use your God-given talents to the best of your ability. We feel offering this program to players who are ready to take their game to the next level allows these student athletes to rise to this challenge in giving glory to God! In Jesus's name, we play!

Registration

Please register by March 15 at www.AggieAthletics.org
[Saint Agnes "Saints" Spring Basketball](#)

Tryouts

Girls: March 24, 3-5 PM in Bandas Gym
Boys: March 24, 5:15-7:15 PM in Bandas Gym

For more information, please contact Sam Thompson at sthompson@SaintAgnesSchool.org or 651-925-8716.

FYI—Transfiguration was asked to pass this information on. Our school is leaving it up to individual families to decide if they want to try out for one of the teams listed.